

**Squadron Manor,
101 New House Lane,
Northfleet, Gravesend,
Kent
DA11 7FF**



Employee Travel Pack

Coldharbour Road & New House Lane, Gravesend

Welcome

Welcome to the team.

As part of our commitment to promoting sustainable and environmentally responsible travel, this Employee Travel Pack has been prepared to help staff understand the range of travel options available when commuting to and from the Care Home at Coldharbour Road and New House Lane, Gravesend.

The aim of this Travel Plan is to:

- Encourage sustainable travel choices;
- Reduce reliance on single occupancy car journeys;
- Improve awareness of walking, cycling and public transport opportunities;
- Promote healthier lifestyles; and
- Minimise environmental impacts associated with travel.

This pack is provided to all new employees upon commencement of employment in accordance with the approved Workplace Travel Plan.

Travel Plan Coordinator

Your Travel Plan Coordinator (TPC)

Name: Barbara Alison
Position: Care Home Manager
Telephone: 01474 526340
Email: Barbara.Alison@moraruk.co

The Travel Plan Coordinator is responsible for:

- Promoting sustainable travel initiatives;
- Assisting staff with personalised travel planning;
- Providing advice regarding public transport, cycling and walking routes;
- Coordinating car-sharing opportunities;
- Monitoring travel plan measures and initiatives;
- Encouraging participation in sustainable travel campaigns; and
- Acting as the main point of contact for travel-related queries.

Employees are encouraged to contact the TPC for assistance with identifying the most suitable and sustainable travel options.

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Site Location

Care Home Address

Squadron Manor, 101 New House Lane, Northfleet, Gravesend, Kent DA11 7FF

The development is located at Coldharbour Road and New House Lane, Gravesend and benefits from access to local public transport services, pedestrian routes and cycling connections.

Nearby Facilities

The site is located within reasonable walking and cycling distance of:

- Gravesend Town Centre;
- Gravesend Railway Station;
- Local bus stops and services;
- Shops and local amenities;
- Healthcare facilities;
- Open spaces and community facilities.

Walking Information

Walking is a healthy, environmentally friendly and cost-effective way to travel.

Approximate Walking Times

Destination	Approximate Walking Time
Gravesend Railway Station	20–25 minutes
Gravesend Town Centre	20 minutes
Local Bus Stops	5–10 minutes
Local Shops & Amenities	5–15 minutes

Benefits of Walking

- Improves physical and mental wellbeing;
- Reduces travel costs;
- Helps reduce congestion and pollution;
- Supports healthier lifestyles; and
- Can easily be incorporated into daily routines.

Employees are encouraged to use safe pedestrian routes and designated crossings wherever possible.

Cycling Information

Cycling provides an efficient and healthy alternative to car travel for shorter journeys.

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Local Cycling Opportunities

Cycling routes are available throughout Gravesend and surrounding areas, connecting residential neighbourhoods with employment areas, local facilities and transport hubs.

Cycle Facilities

The development provides cycle parking facilities for employees.

Benefits of Cycling

- Reduces commuting costs;
- Improves fitness and wellbeing;
- Reduces environmental impacts;
- Often quicker for local journeys; and
- Helps reduce traffic congestion.

Useful Cycling Resources

- <https://www.cyclestreets.net/>
- <https://www.sustrans.org.uk/>
- <https://www.kent.gov.uk/roads-and-travel>

These websites provide journey planning tools, cycle maps and local route information.

Public Transport Information

Rail Services

Gravesend Railway Station

Gravesend Railway Station provides connections to:

- London St Pancras International;
- London Bridge;
- Stratford International;
- Medway Towns; and
- Other regional destinations.

Typical Train Services

Destination	Typical Service Frequency
London St Pancras International	2 trains per hour
London Charing Cross	2 trains per hour
Dartford	2 trains per hour
Rainham / Medway Towns	2 trains per hour

Example Peak-Time Services

Departure from Gravesend	Destination
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Departure from Gravesend	Destination
07:02	London St Pancras International
07:15	London Charing Cross
07:32	London Bridge
07:45	Dartford

Services and timings may vary depending on time of day and day of travel.

For rail timetables and journey planning visit:

- <https://www.southeasternrailway.co.uk/>
- <https://www.nationalrail.co.uk/>
- <https://www.thameslinkrailway.com/>

Bus Services

Local bus services operate within the surrounding area and connect the site with:

- Gravesend Town Centre;
- Bluewater;
- Dartford;
- Medway;
- Local residential areas.

Nearby Bus Routes

Service	Route	Typical Frequency
483	Gravesend – Bluewater	Approximately every 30 minutes
489	Gravesend – New Ash Green	Regular daytime service
306 / 308	Gravesend – Meopham – Sevenoaks	Scheduled daily services
Fastrack B	Gravesend – Ebbsfleet – Bluewater – Dartford	Frequent service

Example Bus Timetable Information

Route 483 – Gravesend to Bluewater

Departure from Gravesend	Arrival at Bluewater
07:44	08:14
08:14	08:44
09:14	09:44

Then approximately every 30 minutes throughout the day

Evening services continue until approximately 22:20.

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Route 489 – Gravesend to New Ash Green

Services generally operate from approximately 06:40 until 18:00 Monday to Saturday.

Employees are encouraged to check local timetables and service updates before travelling.

Useful websites:

- <https://www.arrivabus.co.uk/kent-and-surrey/bus-travel-in-gravesend>
- <https://bustimes.org/>
- <https://moovitapp.com/>

Useful Public Transport Apps & Websites

- National Rail Enquiries
- Southeastern Railway App
- TfL Go
- Google Maps
- Arriva Bus App
- Stagecoach Bus App

Sustainable Travel Benefits

Choosing sustainable travel methods can provide a range of benefits.

Health Benefits

- Increased physical activity;
- Reduced stress;
- Improved cardiovascular health;
- Better mental wellbeing.

Environmental Benefits

- Reduced carbon emissions;
- Improved local air quality;
- Reduced traffic congestion;
- Lower environmental impact.

Financial Benefits

- Reduced fuel costs;
- Lower parking and maintenance costs;
- Potential savings on vehicle ownership.

Car Sharing

Employees are encouraged to consider car sharing where practical.

Car sharing can:

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- Reduce travel costs;
- Reduce congestion;
- Lower environmental impacts;
- Assist employees travelling similar routes.

Car Share Information

Employees interested in car sharing should contact the Travel Plan Coordinator.

External car share schemes include:

- <https://liftshare.com/uk>

National Sustainable Travel Campaigns

Employees are encouraged to participate in national sustainable travel initiatives, including:

Walk to Work Week

Encourages employees to incorporate walking into their daily commute and routines.

Bike Week

A national campaign promoting cycling for commuting, leisure and wellbeing.

Further information:

- <https://www.livingstreets.org.uk/>
- <https://www.cyclinguk.org/bikeweek>

Journey Planning Resources

Useful journey planning websites and applications include:

Resource	Purpose
Google Maps	Route planning
National Rail Enquiries	Rail timetables
CycleStreets	Walking & cycling journey planning
TfL Go	Public transport information
Arriva App	Bus travel planning
Stagecoach App	Bus travel planning

Monitoring & Review

The Travel Plan Coordinator will periodically review travel initiatives and monitor staff travel patterns to ensure the Travel Plan remains effective.

Employees may be invited to participate in future travel surveys and feedback exercises.

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Further Information

For any travel-related queries or assistance with planning your journey, please contact:

Travel Plan Coordinator

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End of Employee Travel Pack