

Proposed new plans for Ashley Down Nursing Home 29 Clarence Place Gravesend

We propose Clarence House will offer care and accommodation to 6 young people of all genders aged between 8 - 17 years old and may have learning difficulties (LD), Autistic Spectrum Conditions (ASC), communication needs and other associated social emotional mental health difficulties including behaviours that concern. Clarence lodge (part of Clarence house) will be the side part of Clarence house and offer an additional 6 bedrooms for semi independent living for 16-25 year olds.

We propose two separate managers each registered with Ofsted to look after each area . Although the home is one large detached property we will have locked access from one side to the other preventing the younger more vulnerable children gaining access to the semi independent side .We therefore plan to make two separate applications to Ofsted

1. 6 bed therapeutic children home
2. 6 bed semi independent living 16-25 years

Our future plans will mean that when children leave care at 16-18 years instead of moving sometimes to different areas and losing vital relationships , they can move next door and continue to be supported in the same holistic way .Creating something very unique.

Whilst there will be no changes to the floor plan we will create a number of sensory , relaxing and communal areas within the same layout as the previous care home. The property has been fire assessed and new fire alarms, smoke detectors and emergency lights have been fitted.

We have ample off street car parking and local transport links for staff ,and the home has ran for many years as a care home for the elderly .

Below is an example of the care we propose to offer ;

The range of needs of children we care for.

The Clarence house is committed to providing high quality, bespoke, therapeutic care. This will be achieved through a child focused approach that utilises PACE, PBS and +Proactive Approaches to create a nurturing and safe environment for all our young people. To ensure that we achieve these objectives Clarence house remains mindful that a significant number of children have experienced trauma and breakdown of placements. Therefore, we are committed to providing consistency across all aspect of their care.

Clarence lodge is a spacious and welcoming environment with various communal and shared areas to support children with both their social and sensory needs. This ensures that children

that reside at the home receive the appropriate support to develop socially, academically and emotionally throughout their time with us.

Our work is based on the 'relational model' whereby there is a premise that humanity seek to establishment authentic, meaningful connections in relationships. When there is a disconnection in relationships for example through childhood experiences (bereavement, attachment issues, neglect, trauma, and abuse), the result's impact on emotional and psychological wellbeing. Within a relational framework we (as trustworthy adults) support young people by establishing safe and positive connections as our basis to providing interventions and encouraging positive change.

This relation model is supported and underpinned by the PACE model which is a therapeutic approach which focuses on building secure and healthy relationships between caregivers and children. PACE stands for Playfulness, Acceptance, Curiosity, and Empathy, which are the core elements of this model. By incorporating these elements into our interactions with children, we believe we can create a safe and nurturing environment that supports emotional regulation, attachment, and overall development.

Our practice is rooted in attachment theory and recognises the critical role of secure attachment in a child's development. We understand when we consistently incorporate PACE elements into our interactions, it promotes emotional regulation, cognitive development, and the formation of secure attachment bonds.

By being playful, we create a sense of safety and enjoyment that allows children to explore, learn, and develop their social and emotional skills. Acceptance helps children develop a positive sense of self-worth and fosters healthy self-esteem. Curiosity encourages children to express themselves, share their thoughts and feelings, and develop a sense of autonomy. Empathy builds trust, strengthens the caregiver-child bond, and helps children feel understood and supported.

We also understand the importance of repairing ruptures in the caregivers and child relationships. When conflicts or misunderstandings occur, repairing and reconnecting using the elements of PACE can restore trust and strengthen the attachment bond providing the child with a sense of belonging and security.

Clarence house's and Clarence lodge Positive Culture Pledge and Ethos to care:

- We will always be patient.
- We will actively listen.
- We will create safe and loving environments where young people can grow.
- We will create bespoke support networks around each child.
- We will create opportunities for social learning and play.

- We will collaborate with loved ones and other professionals.
- We will advocate on behalf of each of the children in our care.